

THE SANCTUM



EXPLORE YOUR INNER JOURNEY To guide in your selection, our signature services are indicated with this symbol.

Thalassotherapy Pool Full voyage, day and couple passes available. Please Visit the spa reception desk for pricing and more information.


EXPLORE THE EVER-CHANGING NATURE OF YOUR SKIN

The Ultimate Facial *50 minutes*

Targeted Technology Facial *50 minutes*

Skin Renew Facial *50 minutes*

EXPLORE THERAPIES ESSENTIAL FOR THE BODY

 ELEMIS Aroma Spa Seaweed Massage
100 minutes 75 minutes

ELEMIS Intensely Cleansing Salt Scrub
Lime and Ginger or Frangipani
75 minutes
50 minutes

EXPLORE ACUPUNCTURE

Acupuncture Session *50 minutes*

LED add-on

Cupping add-on

Eastern Nutritional Consultation add-on

Anti-Aging Acupuncture Facial add-on

E-Stim add-on

Acupuncture treatments may not be available on certain vessels.


EXPLORE FITNESS AS A LIFESTYLE

Personal Training
3 sessions

Body Composition Analysis *30 minutes*

Nutritional Consultation *60 minutes*

Pilates One-on-One Body Reformer Instruction
60 minutes

 Results Based Training (RBT™)
3 sessions
30 minutes

Pure-Form Yoga *45 minutes* Complimentary


Pure-Form Pilates *45 minutes* Complimentary


Indoor Cycling *45 minutes* Complimentary


EXPLORE THE MIND-BODY CONNECTION


BIOTEC Face Treatment and Body Ritual
100 minutes

ELEMIS Couture Touch Face and
Body Treatment
100 minutes

 Coconut Poultice Massage
100 minutes
75 minutes

 Thai Herbal Poultice Massage
100 minutes
75 minutes

 Aroma Stone Therapy
100 minutes
75 minutes
50 minutes

 Bamboo Massage
100 minutes
75 minutes
50 minutes

Deep Tissue Muscle Massage
100 minutes
75 minutes
50 minutes

Swedish Massage
100 minutes
75 minutes
50 minutes

EXPLORE ALL THINGS BEAUTIFUL

Hair Services

Color and Style Consultation Complimentary

Keratin Complex® Express Blowout

Shampoo and Blowout Bundle of 3

Red Carpet Blowout

Up Do

Shampoo and Blowout

 Keratin Complex® Express Blowout with Cut

Cut and Style with Blowout

Kérastase® Elixir Ultime
24-Carat Indulgence Ritual

25 minutes

Kérastase® Fusio-Dose™ Instant Hair Treatment

Highlights or Lowlights

Permanent Color

Semi-Permanent

Nail Services

Manicures:

Fire & Ice Manicure *45 minutes*

Exotic Hand Ritual Manicure *45 minutes*

Traditional Manicure *30 minutes*

Pedicures:

Fire & Ice Pedicure *60 minutes*

Sole Delight Pedicure *60 minutes*

Traditional Pedicure *45 minutes*

Repolish

Nail Fix per nail

Add on to any nail service:

Shellac® add-on

Nail Pairings

✦ Fire & Ice Manicure and Pedicure

Exotic Hand Ritual and Sole Delight Pedicure

Traditional Manicure and Pedicure

Shellac add-on for hands and feet

Smile Spa

✦ Megawhite® Teeth Whitening Treatment

Waxing

Full Leg

Brazilian Bikini or Back

Full Arm or Lower Leg

Basic Bikini, Half Back, Chest or Half Arm

Brow, Underarms or Stomach

Ear, Lip, Chin or Cheeks

EXPLORE GROOMING FOR MEN

✦ Pro-Collagen Grooming Treatment with Shave and Men's Cut

Pro-Collagen Grooming Treatment with Shave

Express Shave

Men's Wet Cut and Style Dry

Beard Trim and Tidy Up

Onboard credit accepted at THE SANCTUM.

The Sanctum is located on Deck 9, Forward.

Dial ext. 2800 for more information.

Hours of Operation

Fitness Center: 7:00 am - 8:00 pm

Treatments: 8:00 am - 8:00 pm

The Sanctum Thalassotherapy Pool: 8:00 am - 8:00 pm

For your convenience, an 18% gratuity will be added to the treatment price.